

# Building an age-friendly city

URBACT InfoDay, Porto, 27th October 2017

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## Where we are?



#### Badalona

## The global challenge

## **Urban population growth**



Urban population of Spain increased from 63.2 % in 1967 to 79.8 % in 2016 <sup>(a)</sup>



## **Demographic change**

By 2050, 30% of Spain's population will be aged over 65 <sup>(b)</sup>



(a) Source: United Nations World Urbanization Prospects

(b) Source: Spanish National Statistics Office (INE)

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## The local challenge



Catalonia is the region with the largest elderly population in Spain

The largest number of elderly people is concentrated in urban municipalities





Since we live longer, in the last two decades the prevalence of chronic diseases has increased significantly having an impact on family and health service expenditure

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## The need

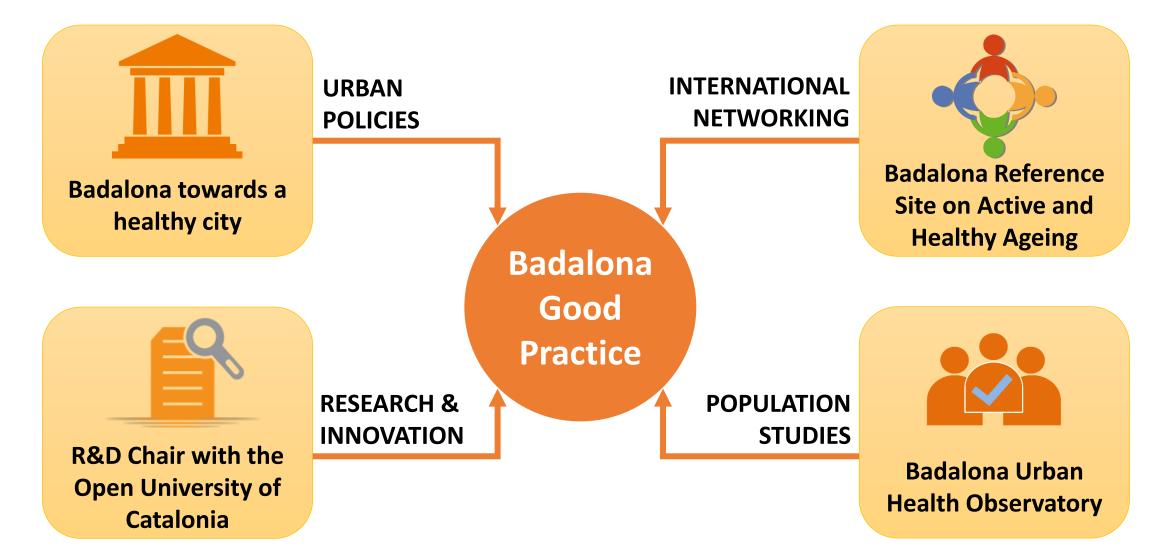
## 18% of Badalona residents are older than 65 years



## How well is our city prepared to meet the needs of the rapidly ageing population?

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## Badalona strategy towards an age-friendly city



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## Badalona towards a healthy city



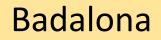


## A project promoted by the City Council

AHA has become a strategic line of the municipality Action Plan 2016 – 2019



A dedicated budget: 800,000 €/year



## **Promotion of physical activity**





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### Awareness campaigns on healthy habits and nutrition





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## International collaboration and mutual learning



## Participation of BSA in several European Research & Innovation projects



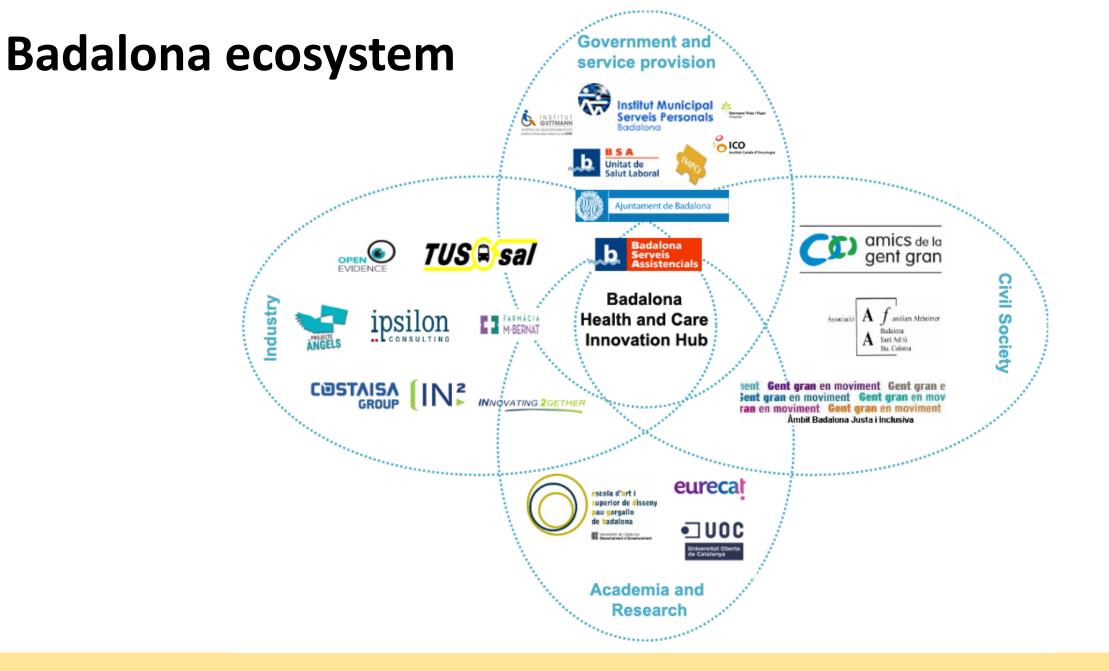


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European Innovation Partnership on Active and Healthy Ageing

REFERENCE SITE

Awarded as one of the 74 EIP on AHA Reference Sites in 2016



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## **R&D Chair with the Open University of Catalonia**



RESEARCH & INNOVATION





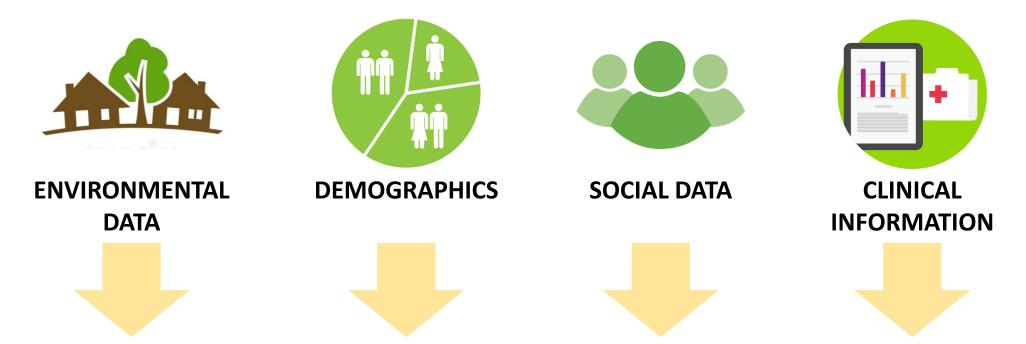
The mission of the UOC-BSA Chair is to significantly advance the application of big data and data analysis within the field of health through:

- Technology transfer
- Postgraduate training
- Research & Innovation
- Knowledge dissemination

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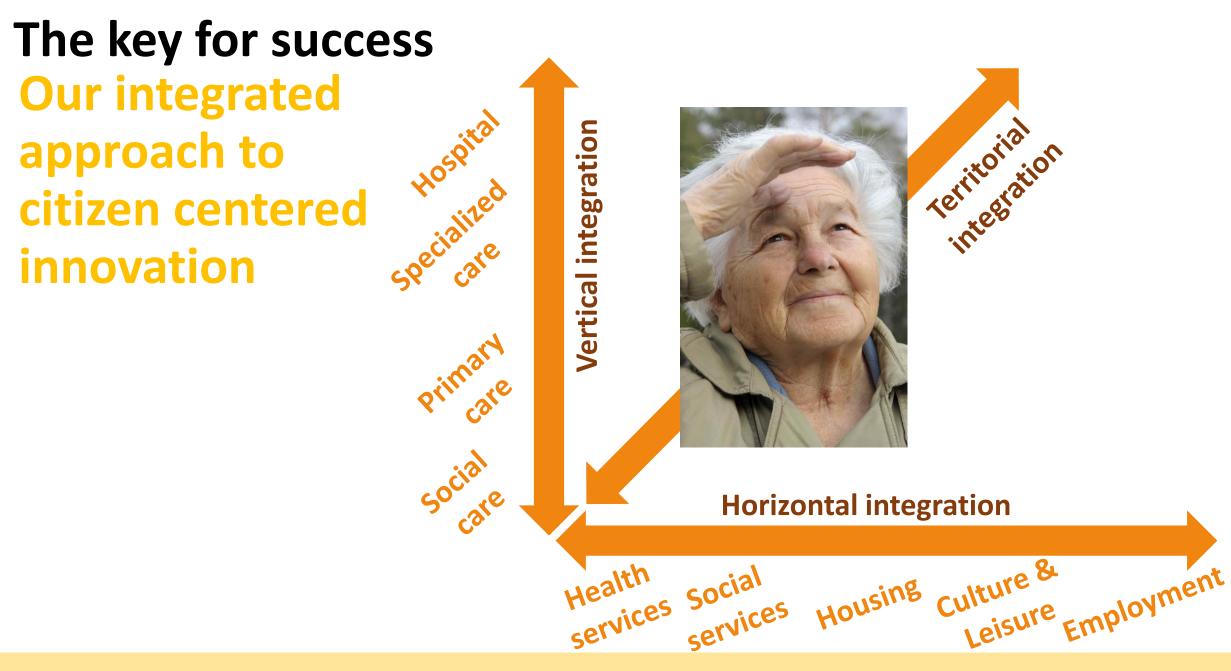
## **Badalona Urban Health Observatory**





## We identify patterns and determinants of healthy living within the urban context to inform better policies and practices

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## **Thanks a lot!**

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